

# HRA SECTION

SEPTEMBER 15 - 16

THURSDAY, SEPTEMBER 15

**8:15 a.m. Registration – Light Breakfast**

**8:30 a.m. Greetings and Housekeeping**

Melody Lynch | *President, HRA Committee, Director of HR & Specialist Projects, Whitewater Valley REMC*

**8:45 a.m. Connect – Introductions/Getting to Know You**

Lisa Boaz | *Secretary, HRA Committee, RushShelby Energy*

**9:15 a.m. Professional Development Planning**

A case study and interview with two cooperative CEOs  
Facilitator: Lena Morris | *VP, Careers, Culture & Development, IEC*  
Panelists: Brett Abplanalp | *CEO, Decatur County REMC*  
Chadd Jenkins | *CEO, Parke County REMC*

**10:15 a.m. Break**

**10:30 a.m. Empower Through Appreciation**

Learn how appreciation in the workplace improves retention and results.  
Andre' Cooley | *Learning and Development Specialist, IEC*

**11:30 a.m. Lunch**

Sponsored by HR with Heart LLC

**12:00 p.m. Business Meeting**

**12:30 p.m. Roundtable Discussions**

During the roundtable discussions, you will have time to discuss chosen topics at each table with time to come together at the end of the session for final takeaways.

**1:45 p.m. Burnout: More Than a Buzz Word**

80% of full-time U.S. employees say they have experienced occupational burnout over the past year. How can we equip leaders to identify the signs of burnout and support employees to retain great people?

Megan Miller | *HR Analyst Training & Technology, Hoosier Energy*

**2:45 p.m. Break**

**3:00 p.m. Own Your Energy – Own Your Life**

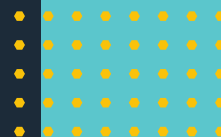
You will discover the seven levels of your personal energetic make up and how creating awareness of how you are showing up is affecting your success.

Sara Armstrong | *Idea of You Coaching*

**4:00 p.m. Adjourn**

**6:00 p.m. Optional Group Dinner at Crazy Horse Bloomington**

AGGENDA



**IEC**  
INDIANA ELECTRIC  
COOPERATIVES

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SEPTEMBER 15 - 16

FRIDAY, SEPTEMBER 16

**8:30 a.m.** Light Breakfast – Connect

**9:00 a.m.** **NRECA Benefit Update – with Break**  
Kristina Reitzel | *Senior Field Representative, National Rural Electric  
Cooperative Association*

**12:00 p.m.** Adjourn

## ADDITIONAL INFO

### LOCATION

Hoosier Energy  
2501 S. Cooperative Way  
Bloomington, IN 47403

### COST

The cost to attend is \$150 per person, which includes the full conference and an optional group dinner Thursday evening. You must register for the dinner separately.

### REGISTER ONLINE

Register online by visiting [goiec.org/3CBcaH5](http://goiec.org/3CBcaH5). Cooperatives will be invoiced at the conclusion of the meeting.

### REGISTRATION DEADLINE

The deadline to register for this meeting is August 31, 2022. Cancellations can be accepted through 5 p.m. EDT on this date. Registrations are transferable.

### HOTEL RESERVATIONS

Hyatt Place Bloomington  
217 W. Kirkwood Avenue  
Bloomington, IN 47404

A block of rooms is available at a rate of \$109 per night plus applicable taxes, through August 15, 2022. Use the [booking link here](#) to receive the HRA special room rate. The room block code for call-in booking is HORB.

### GROUP DINNER

Crazy Horse  
214 W. Kirkwood Avenue  
Bloomington, IN 47404

The optional group dinner will be September 15, 2022 at 6 p.m. We will have a room reserved at the restaurant, which is walking distance from the Hyatt Place hotel.

### MORE INFO

Contact Deb Hunter,  
[dhunter@indianaec.org](mailto:dhunter@indianaec.org) or 317.487.2246.

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